

X-Excel

NC#1

NEWSLETTER

INSIDE February 2019 ISSUE

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Lauren's Recipe of the month

PG. 3

Valentine's Day Dance , Glazed and Amused Fun

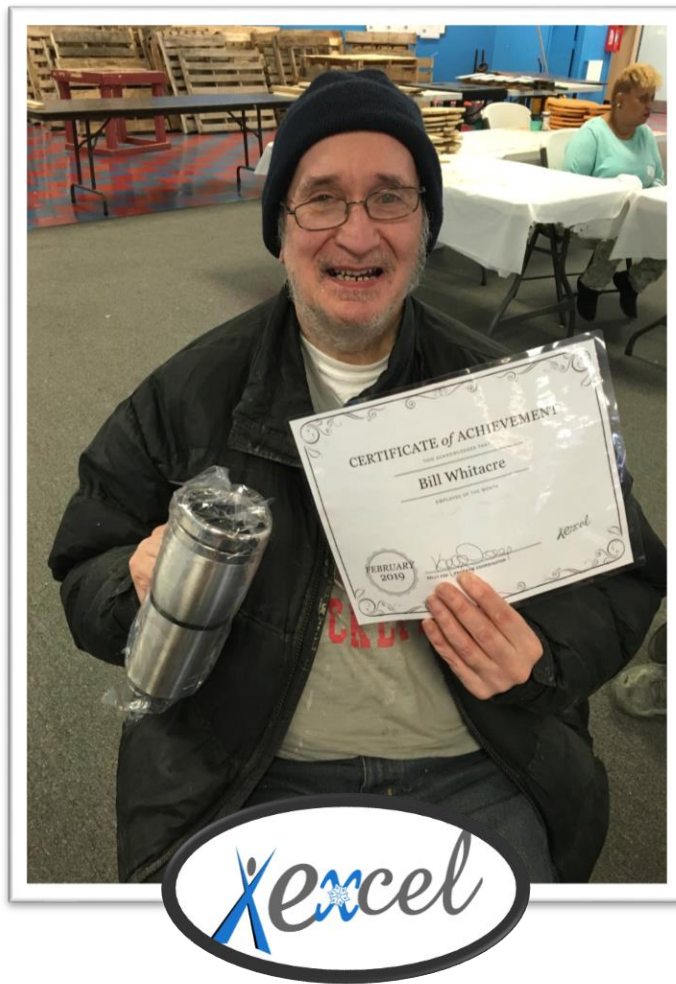
PG. 4

Working Hard at NC#1

PG. 5

What's happening at NC#1

X-Excel is an agency certified to provide an array of community based services in the State of Ohio. Our mission is to do more of what works and/or adds value and to do less of what doesn't work and/or doesn't add value to the lives of the individuals we serve. We will only do things that adults without developmental disabilities do.



Employee of the Month

BILL WHITACRE

BY: RICHIE H

- Favorite Food : Spaghettie and Meatballs
- Favorite Animal : Deer
- Favorite Resturant: Arby's
- Favorite Color : Yellow
- What I like about working at X-Excel – Loves to work and Sand in the wood area.



Picked By: Lauren S.



Peanut Butter-Chocolate No-Bake Cookies

- Level: Easy
- Total: 40 min
- Prep: 5 min
- Inactive: 30 min
- Cook: 5 min
- Yield: about 60 cookies

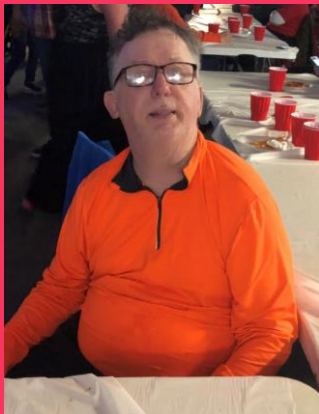
Ingredients:

2 cups sugar
1/2 cup milk
1 stick (8 tablespoons) unsalted butter
1/4 cup unsweetened cocoa powder
3 cups old-fashioned rolled oats
1 cup smooth peanut butter
1 tablespoon pure vanilla extract
Large pinch kosher salt

Directions:

1. Line a baking sheet with wax paper or parchment.
2. Bring the sugar, milk, butter and cocoa to a boil in a medium saucepan over medium heat, stirring occasionally, then let boil for 1 minute. Remove from the heat. Add the oats, peanut butter, vanilla and salt, and stir to combine.
3. Drop teaspoonfuls of the mixture onto the prepared baking sheet, and let sit at room temperature until cooled and hardened, about 30 minutes. Refrigerate in an airtight container for up to 3 days.

Valentine's Day Dance



Glazed and Amused Fun



February Birthday's

Lauren S.	2/6
Steven R.	2/10
Grady H.	2/11
Elizabeth L.	2/17
Kim P.	2/18
Veronica P.	2/25



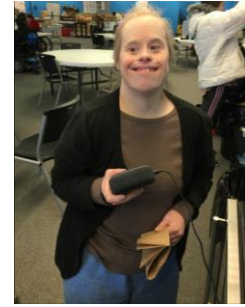


Hard at work with smiles
on their faces !!

By: Garrett H.



Here's What's Happening! At NC#1



Alexa Dot!

At NC#1 we introduced the Alexa Dot to everyone. We will be putting it to great use everyday in the morning by asking it questions such as – What is the weather ? We will ask her for a daily joke , we can play music, plus much more. At some point we will even have a shopping list started with her. The goal is to teach responsibilities ,and get people to be more indepent and out of there confer zone



Morning Exercise Group!

